

# SAMPLE ACTIVITIES CALENDAR

*Assisted Living*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 A.M. Movement Matters	9:30 A.M. Ladies Facials with Mary Kay	8:30 A.M. Dallas Outing: George W. Bush Library	10:30 A.M. Chair Yoga	9:30 A.M. Men's Coffee
10:00 A.M. Tai Chi	10:00 A.M. John Goodwin	10:00 A.M. Bingo	11:30 A.M. Resident Lifestyle Meeting	11:00 A.M. Giant Jenga
1:00 P.M. Book Club	10:30 A.M. Moving with Matt	11:30 A.M. Communion	12:30 P.M. Craig Armstrong	10:45 A.M. Outing: Del Frisco's Grille
2:00 P.M. Charades	12:00 P.M. Jigsaw Puzzle	1:30 P.M. Paw Parade!	2:00 P.M. Worship Songs Singalongs	2:00 P.M. Jeopardy
3:30 P.M. Craig Murphy	1:30 P.M. Target Outing	2:00 P.M. Music with Dawn and Sharon	3:00 P.M. Town Hall	3:00 P.M. Happy Hour
4:00 P.M. Movie	7:30 P.M. Poetry with Dr. O'Rear	4:00 P.M. Brain Games	5:00 P.M. Anniversary Party	4:00 P.M. Birthday Party